



# Maryland Counseling Association

A BRANCH OF ACA

## COMPASS POINTS

ISSUE 15 | VOLUME 4 | SPRING 2023

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### Mission

“SERVING THE COUNSELING,  
GUIDANCE, AND HUMAN  
DEVELOPMENT PROFESSIONS”

### MCA Officers

**President:**  
Pat Dudley

**President Elect:**  
Kerri Legette McCullough

**Secretary:**  
Leslie Hölley

**Treasurer:**  
Rebekah Cole

**Immediate Past President:**  
Sara Pula

**Member-at-Large:**  
Irene Burks

**Executive Director:**  
Cathie Eaton



## Letter from the President

Greetings,

Spring is here; the warm weather brings with it new possibilities and opportunities for growth, change, and a reset. Spring also brings opportunities to join with MCA and further the connection with other professionals and students. We are excited about the 66<sup>th</sup> MCA Conference, September 29 and 30, 2023. Dr. Kerri Legette McCullough, MCA President-Elect, and her professional development team are working on a stellar conference for the fall. The conference will be held at Coppin State University on both days. The conference will also be available for individuals who would like to attend virtually on September 29, 2023. We are seeking proposals (deadline May 1, 2023) for the conference; the theme is **Removing the Mask: Unmasking the Real Issues; Keeping the Family at the Center.**

We have several opportunities to connect with MCA. MCA and many of our divisions are gearing up for the following:

- Mandatory Reporting Guidelines for CPS/APS, April 19, 2023, 12:00-1:30 PM, Zoom.
- MACES: Decolonizing Counselor Education Programs: Social Justice and Advocacy in Academia, April 20, 2023, 12:00-1:30 PM, Zoom.
- MCA: 2022-2023 Awards Ceremony, April 22, 2023, 1:00-4:00 PM, (in person) Center Pocket Café & Billiards, Bowie, MD.
- MCA: Spring Networking Event, April 24, 2023, 12:00 PM, Zoom.
- SAIGE-MD: LGBTQ+ Professional

Development Group, April 26, 2023, 7:00 PM, Zoom

- MCA: Fun'tastic Adlerian Techniques, April 29, 2023, 10:00 AM-2:00 PM, (in person) Montgomery College, Germantown.
- Human Rights: The Greatest of All Time (G.O.A.T.) Youth Mental Health Expo 2023, April 29, 2023, 9:30 AM-3:30 PM, (in person) Bowie State University.

We continue to offer professional development opportunities and informational presentations; look for additional information on our website. We are also gearing up for Courageous Conversations starting in May/June. We are looking forward to continuing discussions on topics that are currently impacting the profession and our interpersonal interactions with one another.

We invite you to get involved with MCA, in a division or with one of our committees. We are currently seeking nominations for the 2023-2024 year for the following: President-Elect, Treasurer-Elect, Secretary-Elect. Please consider joining us in any of these roles or, if you know of someone that may be interested, please nominate them.

In solidarity,  
Pat Dudley, PhD,  
LCPC, NCC  
[President,](#)  
[Maryland](#)  
[Counseling](#)  
[Association](#)



# Letter from the Executive Director

Dear MCA Members,

There is so much good news to share, it's hard to know where to begin!

First, congratulations to our MCA President, who successfully defended her dissertation in Counselor Education and Supervision. Please join me in congratulating Dr. Pat Dudley, PhD, LCPC, NCC!



## Membership updates

**The board decided to raise our membership dues effective July 1, 2023.** We have not raised our rates since 2018, and our rates were found to be less than in similar neighboring states. The new membership rates will be:

MCA Student: \$35 (increase of \$5)  
MCA Retired: \$30 (increase of \$5)  
MCA New Professional: \$55 (increase of \$10)  
MCA Professional: \$70 (increase of \$10)  
MCA Associate (this category is only for non-counselors)  
MCA Lifetime Membership \$375 (increase of \$50)

Please note that MCA division membership dues are a separate cost and rate. There have been some glitches in the system that either did not prorate memberships added after July 1 or accidentally added multiple division categories. If you have any difficulty with your membership, please contact the Membership Chair at [Membership@MDCounseling.org](mailto:Membership@MDCounseling.org) or the Executive Director at [Exec@MDCounseling.org](mailto:Exec@MDCounseling.org).

I am honored that I had the opportunity to attend the ACA Conference in Toronto to represent MCA. I was able to connect with our Southern Region branches, as well as some of our national divisions. Shout outs (not necessarily in order of importance) to:

Roni White, MCA Advocacy Chair and AMCD Vice President of Native American Concerns Co-Chair, who provided ACA keynote opening land acknowledgement.

Dr. Kshipra Jain, MCSJ Past-President, who received a CSJ award.

Dr. Kerri Leggett-McCullough, MCA President-Elect and Southern Region Secy/Treasurer, who presented "Damsel in Distress: How 'Karen' and Her Tears Cause Harm to BIPOC Folx and It Needs to Stop".

Dr. Sujata Ives, MCDA President, who served as a panelist on the ACA International Panel.

Dr. Ajita Robinson, MCA Past-President, who presented "Building a Purposeful and Profitable Private Practice and Beyond".

If I missed anyone, I apologize, it was not intentional. Although this was a smaller conference (around 2000 attendees), it was a bit overwhelming for my introverted self. I was happy to meet with many students and engage in conversation, reminding me of why I enjoy mentorship in addition to direct client care. I met new people interested in joining MCA and others who are interested in presenting workshops for MCA! I visited with many former MCA and ACA leaders. It was great to be back. Save the date for 2024: ACA New Orleans April 11-14, where the number of attendees is expected to be over 5000!

We are still getting many kudos for our fall conference. Folks are invited to submit a proposal for our next fall conference; deadline is extended to May 1, 2023.

**SAVE THE DATE:  
September 29 & 30, 2023 at Coppin State University**

We are looking forward to meeting in person at our spring awards ceremony on April 22, 2023! Please join us for an informal social event as we celebrate our 2022-2023 awardees! [Registration is required.](#)

Center Pocket Café & Billiards  
4931 Tesla Dr  
Unit H  
Bowie, MD 20715

Networking events are scheduled for the rest of the year! Come meet virtually with other MCA members, whether you are a student, a new professional or seasoned professional. We are happy to talk and connect you to other MCA folks!

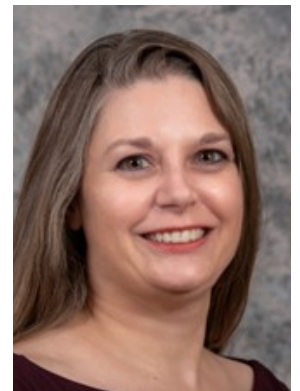
Finally, we are looking for more volunteer leaders for MCA! Terms will commence on July 1, 2023 and the time commitments vary. We are proud to have a very dynamic, diverse and supportive environment. If you have questions, please contact Dr. Pat Dudley at [President@MDCounseling.org](mailto:President@MDCounseling.org) or Dr. Kerri Leggett-McCullough at [PElect@MDCounseling.org](mailto:PElect@MDCounseling.org)

Please look for our election of MCA board officers coming soon! Every vote counts! So much more is on the way for trainings and professional development events!

Take good care, and enjoy this Counseling Awareness Month!

With appreciation,

Catherine "Cathie" Eaton, LCPC,  
GCDF, NCC  
[Executive Director, Maryland  
Counseling Association](#)



**MARYLAND  
COUNSELING  
ASSOCIATION  
PRESENTS**

•••••  
**2023 ANNUAL  
CONFERENCE**

Removing the Masks;  
Unmasking Real Issues:  
Keeping the Family at the  
Center



**September 29- 30, 2023  
Coppin State University**

[www.mdccounseling.org](http://www.mdccounseling.org)



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# 2023 MCA Annual Conference Call for Proposals

Our Theme: Removing the Mask;  
Unmasking the real issues: Keeping  
the Family at the Center

Fill out the form below:

<https://www.surveymonkey.com/r/BB6VRFY>

**Proposal Deadline  
May 1st, 2023**



915 Russell Ave, Suite B  
Gaithersburg, MD 20879

<http://www.md-counseling.org>

The Maryland  
Counseling  
Association, Inc.  
has been approved  
by NBCC as an  
Approved  
Continuing  
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Provider, ACEP  
#2021

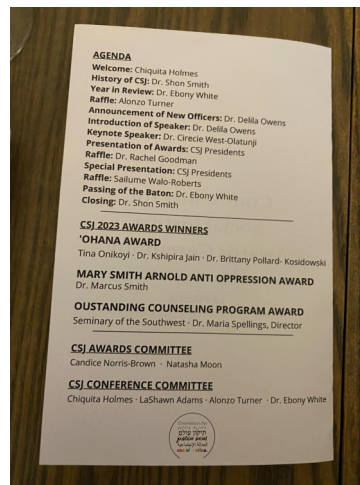
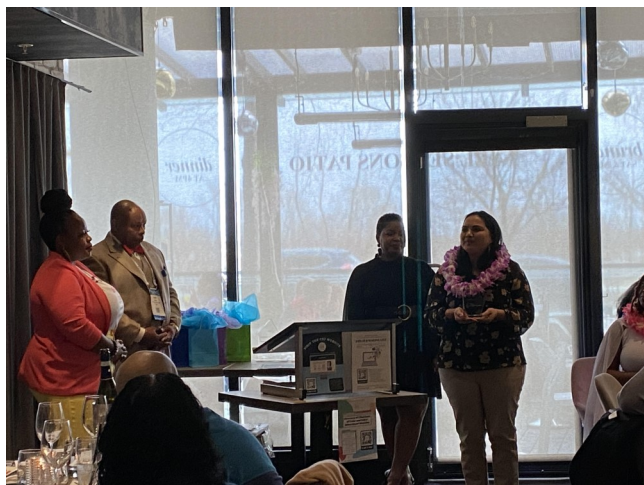


**Coppin  
State  
University**

**Sept 29&30  
2023**

# 2023 ACA Conference Photos

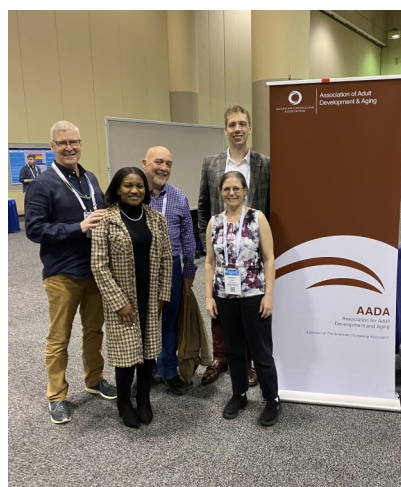
MCSJ Past-President, Dr. Kshipra Jain, won an award from CSJ.



Dr. Sujata Ives, MCDA President, with Dr. Cheryl Fisher and Cathie Eaton, MCA Executive Director.



Cathie with AADA board members; Dr. Cheryl Fisher and Cathie talking at the AADA booth.



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## Office space available

Two private offices available for sublease in Clinton, MD, for licensed mental health professionals. Rent includes utilities, Wi-Fi, shared kitchen and ample free parking. Access 7 days/week, 24 hours/day. Secured building with use of keypad after business hours. For more information, please email [mirandamixon1@gmail.com](mailto:mirandamixon1@gmail.com).



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Must have a valid LCMFT, LP, LCSW-C, LCPC license in the state of Maryland, an LCSW, LMFT, LP, LPC in the state of Virginia, or willing to apply and obtain licensure in either state.





To register for MCA or any of our events, please go to [www.md counseling.org](http://www.md counseling.org).

View the [latest resources](#) for the public, students and professionals.

Find us on Facebook ([@mdcounseling](#)) and Twitter ([@md\\_counseling](#)).

Contact the MCA Executive Director for more information about committees and open board positions.

## DIVISION PRESIDENTS

### **MACES President**

Marybeth Heather

[MACES@MDCounseling.org](mailto:MACES@MDCounseling.org)

### **MASERVIC President**

Elizabeth Nyang

[MASERVIC@MDCounseling.org](mailto:MASERVIC@MDCounseling.org)

### **SAIGE-MD President**

*Open*

[SAIGEMD@MDCounseling.org](mailto:SAIGEMD@MDCounseling.org)

### **MAMCD President**

Prem Umang Satyavolu

[MAMCD@MDCounseling.org](mailto:MAMCD@MDCounseling.org)

### **MCDA President**

Sujata Ives

[MCDA@MDCounseling.org](mailto:MCDA@MDCounseling.org)

### **LCPCM Liaison**

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[LCPCM@MDCounseling.org](mailto:LCPCM@MDCounseling.org)

### **MAMCFC President**

Carolyn Cunningham

[MAMCFC@MDCounseling.org](mailto:MAMCFC@MDCounseling.org)

### **MCSJ President**

Sabrina Taylor

[MCSJ@MDCounseling.org](mailto:MCSJ@MDCounseling.org)

### **MSCA Liaison**

Maureen Ponce

[MSCA@MDCounseling.org](mailto:MSCA@MDCounseling.org)

## COMMITTEE CHAIRS

### **Advocacy Chair**

Roni White

[advocacy@MDCounseling.org](mailto:advocacy@MDCounseling.org)

### **Credentialing Chair**

Ricardo Phipps

[credentialing@MDCounseling.org](mailto:credentialing@MDCounseling.org)

### **Program Networking**

Marybeth Heather

[networking@MDCounseling.org](mailto:networking@MDCounseling.org)

### **Archives Chair**

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[archives@MDCounseling.org](mailto:archives@MDCounseling.org)

### **Emerging Leaders Chair**

Jasmin Sias

[elchair@MDCounseling.org](mailto:elchair@MDCounseling.org)

### **Program Planning Chairs**

Cheryl Fisher

Donnette Deigh

[conference@MDCounseling.org](mailto:conference@MDCounseling.org)

### **Awards Chair**

Glenda Dickonson

[awards@MDCounseling.org](mailto:awards@MDCounseling.org)

### **Human Rights Chair**

Michael McGee

[Humanrights@MDCounseling.org](mailto:Humanrights@MDCounseling.org)

### **Public Relations Chairs**

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[public.relations@MDCounseling.org](mailto:public.relations@MDCounseling.org)

### **Bylaws Chair**

Leeshe Grimes

[bylaws@MDCounseling.org](mailto:bylaws@MDCounseling.org)

### **Membership Chair**

Atiya Smith

[membership@MDCounseling.org](mailto:membership@MDCounseling.org)

### **Registrar**

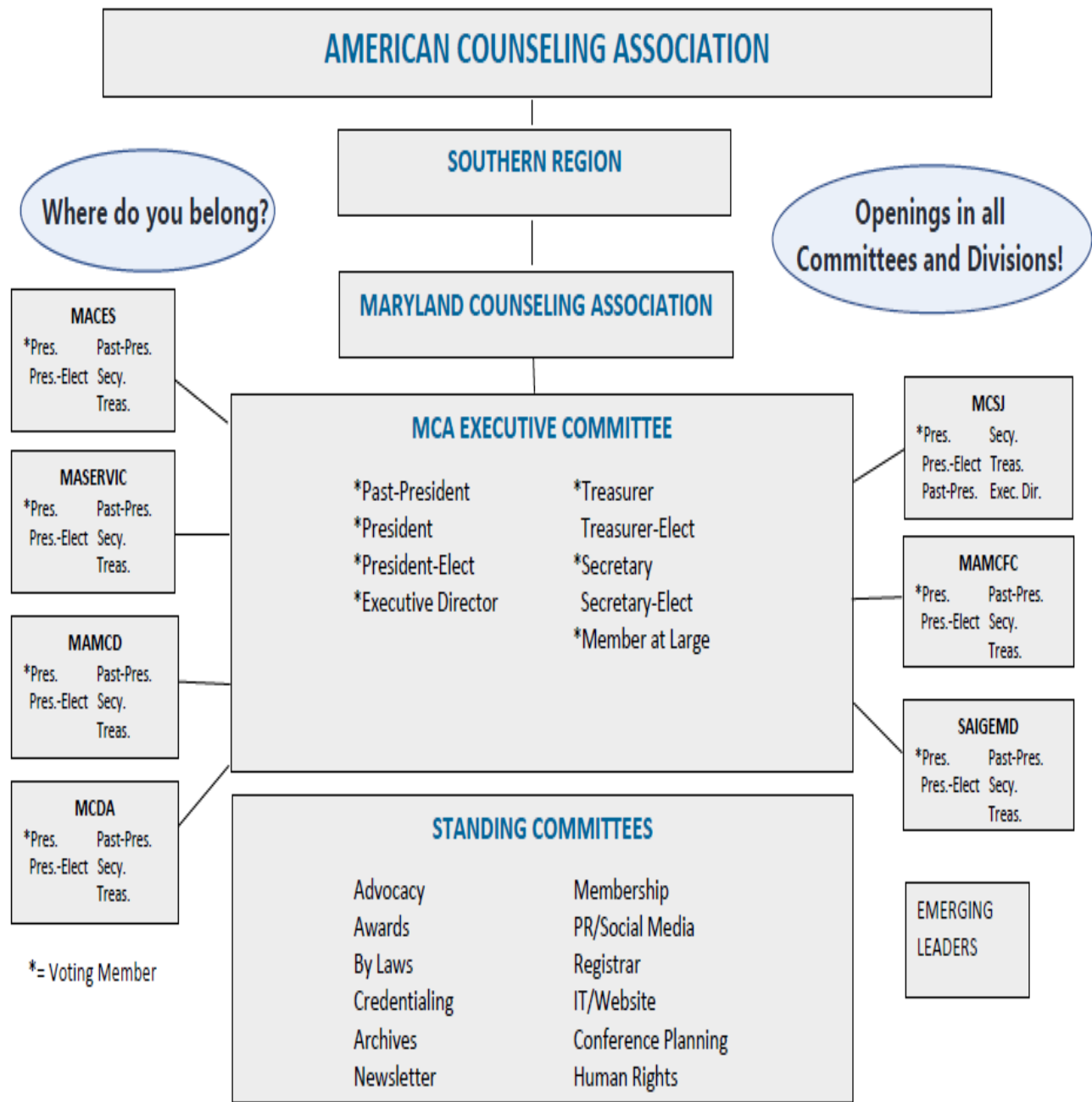
Cathie Eaton

[exec@MDCounseling.org](mailto:exec@MDCounseling.org)

### **Newsletter Chair**

Michelle Schoonmaker

[newsletter@MDCounseling.org](mailto:newsletter@MDCounseling.org)



**MACES**-Maryland Association of Counselor Education and Supervision  
**MASERVIC**-Maryland Association for the Spiritual, Ethical and Religious Values in Counseling  
**MAMCD**-Maryland Association for Multicultural Counselor and Development  
**MCDA**-Maryland Career Development Association  
**MCSJ**-Maryland Counselors for Social Justice  
**MAMCFC**-Maryland Association for Marriage, Couples and Family Counseling  
**SAIGEMD**-Maryland Society for Sexual, Affectional, Intersex, and Gender Expansive Identities

MSCA Liaison	LCPC-M Liaison	MAMHC Liaison
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\*\***MSCA**-Maryland School Counselor Association  
 \*\***LCPC-M**-Licensed Clinical Professional Counselors of Maryland  
 \*\***MAMHC**-Maryland Association of Mental Health Counselors  
 \*\*These organizations are not active divisions, but we have liaisons with each.

# Why should you join MCA?

Membership is important to your professional growth and career development. It provides:

- Continuing education opportunities at discount prices
- Grant opportunities
- Early notification of MCA and MCA Division events
- A list of events that you have participated in
- Notification of current public policy issues and new laws of interest to professional counselors
- Support and advocacy for professional counseling in the state of Maryland
- Leadership training for board members
- Electronic reminders to renew your membership



[Click here](#) to join MCA today!

Not ready to join? Choose the non-Member contact option for a no-cost way to add your name to our email list.

## Newsletter Submissions Guidelines

**Announcements** may be submitted for inclusion by MCA committees, divisions and affiliates. This can include upcoming events, important news, etc.

**Articles** relevant to the organization or profession may be submitted for inclusion in the newsletter. Submissions may be from members and nonmembers. Please note that promotions and endorsements **are not** considered articles; they must be submitted as paid advertisements.

**Advertisements** can be submitted by members and nonmembers for inclusion in the newsletter. Ads will be copied into the newsletter as submitted, including active links and images. Editing by Newsletter Team will only be resizing to requested space.

### **How much do ads cost?**

Pricing is based on size of the ad per page. A quarter page is \$25, a half page is \$50 and a full page is \$75. For example, if your ad is 2 full pages, your total will be \$150.

### **What forms of payment do you accept?**

We accept payments via credit card. Please purchase ad space via the [MCA store](#).

### **How often is there a newsletter release?**

Newsletters are released quarterly. When released, it is emailed to subscribers and posted to MCA's website at: <http://www.mdcounseling.org/page-1596008>.

### **When is the next newsletter deadline?**

<i>Edition</i>	<i>Submission Deadline</i>	<i>Publication Month</i>
Summer	July 15 <sup>th</sup>	August
Fall	October 15 <sup>th</sup>	November
Winter	January 15 <sup>th</sup>	February
Spring	April 15 <sup>th</sup>	May

### **Can I post my ad or event on the MCA website?**

Yes, contact MCA's Virtual Assistant at [Website@MDCounseling.org](mailto:Website@MDCounseling.org).

### **Can I submit events to the weekly digest?**

Yes, contact the Public Relations Committee at [Public.Relations@MDCounseling.org](mailto:Public.Relations@MDCounseling.org).