

Presented by:

Drs. Carman S. Gill,

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&

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Paradigms 2020, LLC

Intro to the DSM-5:

A two day workshop

November 15th-16th

The fifth edition of the American Psychiatric Association's Diagnostic and Statistical Manual of Mental Disorders, or DSM-5, was published May, 2013. This new edition included significant changes to the way mental illness is approached, as well as important changes to the diagnostic categories themselves.

For mental health professionals currently working in the field, learning these changes can be an overwhelming task. The purpose of this workshop is to explain the philosophy and history underlying the changes and how that impact this diagnostic system.

Information regarding changes to the most frequently used diagnoses, i. e. depression, bipolar disorder and anxiety, will be given as well as implications for counseling practice with clients.

## Format:

This is a two day intensive workshop which occurs 8:30-5 on Friday, November 15th and Saturday, November 16th 2013.

Space is limited! Reserve your seat now by submitting your payment to Paradigms

Objectives: The audience will

- Understand the history and philosophy behind DSM, as well as major structural changes
- Be made aware of the dimensional changes to substance use disorder and the philosophy behind those changes.
- Integrate updates for Depressive, Bipolar and related disorders
- 4. Receive information regarding Anxiety, OCD and Trauma related disorders
- Be introduced to other significant changes and implications for practice.

The information will be presented primarily in a didactic format but audience participation and feedback will be strongly encouraged. Handouts and reading materials will be provided as well. Coffee and a light breakfast will be provided Saturday morning.

In addition, participants will receive 1.5 CEUs or 15 contact hours, endorsed by NBCC (provider number 4511).

## Presenter qualifications:

Carman S. Gill, PhD., LPC, NCC, ACS- Dr. Gill is an associate professor and counseling program chair at Argosy, DC who specializes in spirituality, women's issues and crisis mental health. She is a co-author of the DSM-5 Learning Companion, an ACA publication, and has served as a member of the DSM 5 taskforce for ACA. She has been published on substance use disorder.

Stephanie F. Dailey, Ed.D., LPC, NCC, ACS- Dr. Dailey is an assistant professor at Argosy, DC who specializes in crisis, trauma, and disaster mental health. She is the lead author of the DSM 5 Learning Companion, an ACA publication, and has served on the DSM-5 taskforce for ACA.

Joanne F. Jefferson, Ed.D., LPC, LCPC-Dr. Jefferson has been in the field of counseling for over 22 years. She has served on research committees, taught at both the masters and doctoral level, and is published in rehabilitation counseling. She is operating a private practice, Therapeutic Counseling Associates, Washington DC. She specializes in anxiety and depression.

To reserve your spot, you must complete payment.
There is no onsite registration. When your payment is
completed, you will receive confirmation of registra-
tion.

Check

Credit card

Exp. date

Name
Address

Phone

Credit Card #

Signature

☐ Full workshop including Saturday morning snacks and coffee

☐ Current Argosy student- full workshop only

Please direct any questions regarding the workshop to cgill@argosy.edu or asinghateh@argosy.edu.

You will receive confirmation via email when your payment has been received but you must include your email address.

\$150.00 Make checks to: Paradigms 2020, LLC

\$50.00

2029 P street, NW Suite 202 Washington, DC 20036

The workshop is sponsored by and will be held at Argosy University, DC

1550 Wilson Blvd., Suite 600 Arlington, VA 22209 703-526-5875 571-480-7404 (fax)